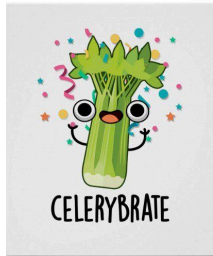




February Nutrition Nugget

*Announcement-March 20, 2025 from 5:00 - 7:30 PM at CMS will be our first CCSC Community Day! Community members are invited to experience what Clarksville Schools has to offer.

It is the month of Love ❤️ Let's love each other throughout every month & day of the year. Kindness & compassion should be on our "to-do/to-done" list every day. "Give and it will be given unto you" is a phrase I've heard often in my life. Be proactive. Don't wait for kindness to come your way first!



Go Celery!



Well it is cold outside & that ladder can be dangerous!

Featured: Let's celebrate Celery! Check out some Celery Nutrition Facts: [Celery Nutrition Facts & Health Benefits](#) Click on the link to get some tasty & fun celery recipes: [Best Celery Snacks & Appetizers](#) Let's make Celery more than just a garnish on a tray of Buffalo Wings!

Did You Know? Humans have been consuming celery for over 3,000 years. It was primarily used as a medicine throughout the ancient world, treating a range of ailments from nervousness to indigestion. The ancient Greeks held celery in such high regard, winners of athletic competitions would be rewarded with wreaths made from the plant. Check out this link for more [Fascinating Facts: Celery](#) . Check out February's in-season produce & recipes: [What's In Season For February](#)

The "bad" jokes are back-or should I say "rotten"? Hope they bring a smile even if they are corny! 🥰

- Q. What do you call an amphibian born on February 29? A. A leap frog
- Q. Why did the physics teacher break up with the biology teacher? A. There was no chemistry between them!
- Q. What did the two fossilized dinosaurs put as their relationship status on Facebook? A. They listed themselves as carbon dating!
- Q. How do you cure a deviled egg? A. With an eggs-orcism?
- Q. Why was the basketball court wet? A. Because people kept dribbling on it!
- Q. Why is Cinderella so bad at soccer? A. Because she always runs away from the ball!
- Q. Why did the can crusher quit his job? A. Because it was soda-pressing.
- Q. Why can't your nose be 12 inches long? A. Because then it would be a foot!
- Q. How does a cucumber become a pickle? A. It goes through a jarring experience!
- * I couldn't figure out why the baseball was getting bigger. Then it hit me.
- * Thousands of eggs have been stolen from a local farm. The police believe poachers are to blame.
- * An officer asked me where I was between 5 and 6. He seemed irritated when I said Kindergarten.

Well, the Knock, Knock joke has made a comeback-it's not any funnier, it just returned from a month off!

Knock, Knock

Who's there?

Celery

Celery Who?

Celery-ously? Open the door!

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